



Hydrogel

JOINT INJECTION CLINIC

PATIENT NAME

DOB

WESTERN ONTARIO AND MCMASTER OSTEOARTHRITIS INDEX (WOMAC)

Please circle the appropriate rating for each item.

RATE YOUR PAIN WHEN...	NONE	SLIGHT	MODERATE	SEVERE	EXTREME
Walking	0	1	2	3	4
Climbing stairs	0	1	2	3	4
Sleeping at night	0	1	2	3	4
Resting	0	1	2	3	4
Standing	0	1	2	3	4

RATE YOUR STIFFNESS IN THE...	NONE	SLIGHT	MODERATE	SEVERE	EXTREME
Morning	0	1	2	3	4
Evening	0	1	2	3	4

RATE YOUR DIFFICULTY WHEN...	NONE	SLIGHT	MODERATE	SEVERE	EXTREME
Descending stairs	0	1	2	3	4
Ascending stairs	0	1	2	3	4
Rising from sitting	0	1	2	3	4
Standing	0	1	2	3	4
Bending to floor	0	1	2	3	4
Walking on even floor	0	1	2	3	4
Getting in/out of car	0	1	2	3	4
Going shopping	0	1	2	3	4
Putting on socks	0	1	2	3	4
Rising from bed	0	1	2	3	4
Taking off socks	0	1	2	3	4
Lying in bed	0	1	2	3	4
Getting in/out of bath	0	1	2	3	4
Sitting	0	1	2	3	4
Getting on/off toilet	0	1	2	3	4
Doing light domestic duties (cooking, dusting)	0	1	2	3	4
Doing heavy domestic duties (moving furniture)	0	1	2	3	4

HOSPITAL USE ONLY

TOTAL

HOSPITAL USE ONLY

TOTAL

HOSPITAL USE ONLY

TOTAL

PATIENT SIGNATURE

DATE

REVIEWED BY PHYSICAL THERAPIST

DATE

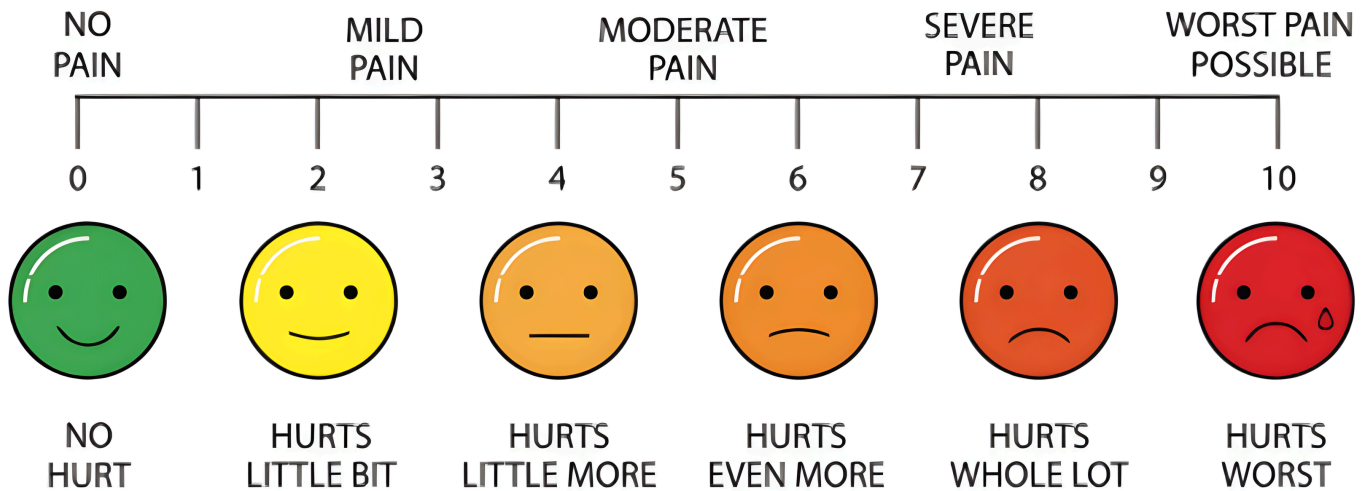
WOMAC
TOTAL
SCORE /96



Hydrogel

JOINT INJECTION CLINIC

Faces Pain Scale



Visual Analog Scale (VAS)

